

Welcome to the West Spa at Oglebay

We are proud to introduce our new 5,000 sq. ft. spa at Wilson Lodge. The spa provides relaxing and therapeutic services, utilizing the finest products and equipment. You can expect the same great hospitality and service, for which Oglebay has always been noted, at the new West Spa.



Spa Policies

- Reservations for treatments must be made in advance.
- Arrive 10 minutes early to allow ample time to complete the necessary paperwork and relax prior to treatment.
- Notify us of medical/physical conditions, i.e. high blood pressure, pregnancy, allergies or skin conditions.
- A one day cancellation notice is required to avoid being charged 50% for services not taken.
- All rates subject to applicable additional fees and taxes.

Spa Tips:

- For all of our treatments it is our primary concern that you be comfortable. If you are more comfortable wearing underwear or a bathing suit we encourage you to do so.
- Our ladies' and gentlemen's locker rooms are designed for adult use only. Please feel free to change out of your clothes and into our robes either in one of our private dressing spaces or out in the open by the lockers.
- Our ladies' and gentlemen's lounge area is co-ed so robes must be worn in this area.
- For our massage treatments you will be fully draped. Only the part of the body currently being massaged will be exposed. Draping is not optional at the West Spa at Oglebay and will be strictly adhered to by your therapist.
- Please wait until after your introductory talk with your therapist and until they have left the treatment room to disrobe. Then get on the massage table underneath the towel as instructed by your therapist.
- For all our wet body treatments you will be provided a loin drape (both male and female) and a breast drape (if female). You will be scheduled with a same sex therapist. Bathing suits or underwear are also optional for these treatments.



Resort & Conference Center
Wheeling, WV
800-624-6988
www.oglebay-resort.com

the West Spa at Oglebay

Menu of Services



Massage Therapy

Massage has been used as a health therapy since the beginning of recorded history. Today it is more popular than ever because of the proven health benefits that massages provide. It is important to use a certified therapist that has been trained to know how muscular and skeletal systems work.

Massage therapy involves the movement of muscles and other soft tissue in the body. Not only does a massage benefit the physical body, it also eases mental stress and leaves you feeling invigorated, healthy and relaxed.

Oglebay's Signature "Zents" Massage

Our wonderful Swedish massage enhanced by the relaxing aromas of Zents therapy. Choose up to three gentle aromatherapy oils that will be combined into your exclusive signature "zent" and used on the body during this light to medium touch massage.

50 Minute: \$95 80 Minute: \$135

Kinks From The Links

A wonderful way to end your golf game with a combination of both Swedish and Deep Tissue Massage. The therapist will customize and target sore muscles with the use of our deep penetrating lotion. This massage increases blood flow and warms regions at a cellular level.

50 Minute: \$95 80 Minute: \$135

Swedish Massage

An extraordinary relaxing full-body massage perfect for first-timers. The target of this session is to soothe the nervous system. Benefits range from increased circulation to relief of muscular tension.

50 Minute: \$85 80 Minute: \$125

Deep Tissue Massage

This massage is recommended for physically active individuals with chronic pain, muscle fatigue as well as limited range of motion. This is great after a long day on the golf course, bike ride, run or walk.

50 Minute: \$105 80 Minute: \$145

Stone Massage

This ancient art of healing uses warm stones to bring relief to tense muscles and sore joints. Massaging with deep, penetrating heat and smooth stones, your therapist is able to effectively work your muscles and balance your energy.

80 Minute: \$155

Couples Massage

Enjoy a relaxing massage with a partner or a friend performed in a private room designed just for two. We can also add our signature "Zents" ritual to any couples massage. Prices are per couple.

50 Minute Swedish: \$170 80 Minute Swedish: \$250

50 Minute "Zents": \$190 80 Minute "Zents": \$270

Pregnancy Pampering

Prenatal massage is a therapeutic technique specifically designed for the childbearing year, and can be modified for most stages of pregnancy. It is safe and effective for relieving the discomforts of pregnancy and promoting maternal and fetal well-being. Recommended for women in the second or third trimester

50 Minute: \$85 80 Minute: \$125

Body Treatments

Pamper yourself with these soothing body therapies. Each treatment provides a distinct benefit, healing you from head to toe.

Oglebay's Signature "Zents" Body Glow

Your choice of aroma therapeutic scent is used for this divine full-body exfoliation. A gentle shea butter salt polish is followed by an invigorating massage using your choice of nourishing aromatherapy oils for radiant, healthy, glowing skin.

50 Minute: \$125

AroMarine Body Scrub

One key to beautiful skin is thorough exfoliation. This is achieved with our gentle marine-sourced scrub that not only makes the skin feel smoother; it actually accelerates the growth of new cells. After a refreshing shower, an application of Moisturizing Body Lotion will leave the skin silky and glowing.

50 Minute: \$95

Ocea Firm Body Treatment

This ultimate anti-aging treatment for the body will also deliver a sense of well-being to your spirit. After exfoliation, your body is thoroughly enveloped in warm, velvety gel. After a relaxation phase, a massage begins to complete the penetration of the gel masque, which soaks into the skin. This body wrap is recommended for new moms, those wishing to firm up after weight loss, or those seeing the signs of sun damage all who will enjoy repairing and rebuilding elasticity in the skin.

50 Minute: \$135

The Sea Slimming Body Wrap

Ideal for a body in need of contouring, detoxification or an energy boost; this algae based masque employs the use of seaweeds, vegetal coral and an invigorating plant complex. This wrap will promote the body's own metabolic processes while you relax in the cocoon of our warming blanket. Following this envelopment, a refreshing shower is paired with an application of contouring body cream. Not recommended for those allergic to seaweed or iodine.

90 Minute: \$165

HydraMoist Body Treatment

After a thorough exfoliation with our signature dry oil and buffing granules you will be treated to a gentle eye contour massage and our signature OceaThermie Body Massage. Each indulgent phase ensures optimum moisture and ultimate relaxation.

80 Minute: \$165

Revitalizing Leg Mask

After a gentle exfoliation, a cooling gel is applied to improve circulation by toning and strengthening venous walls while eliminating swelling and aching.

50 Minute : \$85

Healing Therapy

The following are energy healing spa services but are not the traditional massage experience. Loose fitting clothing is recommended.

Cranial Sacral Therapy

A gentle healing technique which utilizes light touch to test the rhythm of the cerebrospinal fluid with the craniosacral system and encourages the release of negative stress, anxiety or trauma.

50 Minute: \$105

Reiki Therapy

An ancient Japanese technique that uses non-invasive gentle touch. Hands are placed lightly on or over the body in a special pattern, allowing energy to flow freely thereby enhancing the body's natural healing process. Reiki promotes, balance, mental clarity and focus.

50 Minute: \$105