

LUNCH

Plated luncheon entrées are served with either seasonal mixed greens with your choice of dressing or a cup of the Chef's Vision Soup of the Day, warm rolls and butter, soft drinks, bottled water, coffee and tea.

COLD PLATED LUNCH

Deli Plate \$11.95

- Shaved ham, smoked turkey, salami, pastrami and roast beef along three sliced cheeses
- Deli salad
- Baby lettuce, tomato and garlic pickle
- Fresh deli breads
- Carrot cake

The Spa \$14.95

- Thai shrimp salad and crispy vegetable salad
- Organic greens
- Cilantro lime vinaigrette
- Angel food cake with fresh berries

Pesto Chicken Wrap \$13.95

- Grilled chicken, basil pesto, avocado, tomatoes, and boursin cheese
- Spiced red pepper mayonnaise
- Grilled flour tortilla
- Sweet potato chips
- Chocolate crème brulee

HOT PLATED LUNCH

Soy and Ginger Marinated London Broil \$13.95

- Steamed jasmine rice
- Baby bok choy and shiitake mushrooms
- Pineapple upside down cake

Roast Turkey Breast and Gravy \$12.95

- Garlic mashed potatoes
- Cranberry relish
- Seasonal vegetables
- Raspberry chocolate torte

The Club \$12.95

- Roast turkey and ham sandwich
- Marinated tomato and artichoke salad
- Roasted vegetable chips
- Apple pie cobbler with vanilla ice cream

Caesar \$13.95

- Shrimp and chicken on baby Romaine lettuce with traditional Caesar dressing
- Asiago cheese crisp
- Oven roasted tomatoes and seedless cucumbers
- Lemon meringue tart with blueberry compote

Bran-Crusted Tuna Steak \$13.95

- Spicy Bloody Mary relish
- Baby lettuce leaves with grilled fruit
- Steamed vegetables
- Fresh berries and lemon sorbet

Spiced Brown Sugar Crusted Pork Loin \$12.95

- Parsnip and Yukon gold mashed
- Seasonal vegetables
- Strawberry shortcake with chantilly cream



HOT PLATED LUNCH CONTINUED

Roasted Wild Salmon with Lime Pesto Glaze \$14.95

- Parsley boiled potatoes
- Seasonal vegetables
- Chocolate fudge cake

Bacon Wrapped Sirloin \$13.95

- Melted onions and Merlot sauce
- Redskin potatoes
- Seasonal vegetable
- Warm peach tart with vanilla ice cream

Wood Grilled Chicken with Granny Smith Apples \$13.95

- Tarragon cream reduction
- Minnesota wild rice
- Seasonal vegetables
- Custard caramel



BUFFET LUNCHES

Deli Buffet \$14.95

- Chef's vision soup of the day
- Mixed greens with assorted dressings
- Redskin potato salad
- Crunchy cole slaw
- Tortellini salad Alfredo
- Display of assorted deli meats
- Display of assorted sliced cheeses
- Sliced tomatoes, pickles and lettuce
- Assorted breads
- Old fashioned strawberry shortcake
- Soft drinks, bottled water, coffee and iced tea

Mega Slider Buffet \$15.25

- Mixed greens with assorted dressings
- Tomato, cucumber and feta salad
- Sliced tomatoes, leaf lettuce and red onions
- Display of assorted sliced cheeses
- Ground chuck burgers
- Pulled pork
- Vegetable burgers
- Onion rings
- Steak fries
- Grilled onions
- Sautéed mushrooms
- Old fashioned apple pie and cherry pie
- Soft drinks, bottled water, coffee and iced tea



BUFFET LUNCHEONS CONTINUED

Wrap It Up Buffet

\$13.95

- Seasonal greens with assorted dressings
- Macaroni and prosciutto salad
- Peas and peanuts salad
- Fresh fruit salad
- Grilled shrimp Caesar wrap with Romaine lettuce and mango Caesar dressing in a tomato flavored tortilla
- Vegetarian wrap with marinated grilled vegetables in a spinach flavored wrap
- Turkey tortilla wrap with jack cheese, tomatoes, shredded lettuce, avocado spread and cranberry mayonnaise in a wheat flavored wrap
- Chips
- Double fudge Rice Krispie cakes
- Soft drinks, bottled water, coffee and iced tea

The Waddington Buffet

\$15.95

- Seasonal greens with assorted dressings
- Croutons, mushrooms, onions, tomatoes, shredded cheeses
- Red potato vinaigrette salad
- Sour cream cucumbers
- Marinated mushrooms
- Kirsch fruit salad
- Craisin stuffed roasted pork loin with pan jus
- Stuffed chicken Merlot
- Root vegetable lasagna
- Vegetable medley
- Roasted tri-colored potatoes
- Marble mousse with pirouettes
- Soft drinks, bottled water, coffee and iced tea

West Spa Buffet

\$15.95

- Chilled gazpacho
- Spinach mushroom salad and citrus vinaigrette
- Grilled vegetable salad
- Marinated tomatoes and cucumbers
- Spring water tuna salad vinaigrette
- Chardonnay poached salmon with sauce vert
- Quiona with sun-dried tomatoes and mushrooms
- Steamed vegetable medley
- Assorted earth grain rolls and soy butter
- Sugar free berries in phyllo cup
- Soft drinks, bottled water, coffee and iced tea



BOXED MEALS

Good Morning \$5.95

- Orange juice
- Whole fresh fruit
- Breakfast cinnamon roll
- Fresh baked fruited muffin

The Deli Box \$8.95

- Smoked turkey, shaved ham and Swiss cheese sub sandwich
- Chips
- Chef's selection of deli salad
- Pickle spear
- Red delicious apple
- Fresh baked jumbo cookie
- Soft drink or bottled water

The Wrap Box \$9.95

- Honey mustard glazed turkey breast, pepperjack cheese, lettuce and tomato, wrapped in a jalapeño tortilla
- Chef's selection of deli salad
- Chips
- Citrus segments
- Iced chocolate brownie
- Soft drink or bottled water

The Muffaletta Box \$11.95

- Greek olive salad, Genoa salami, ham, provolone cheese, lettuce, tomatoes in a pita pocket bread
- Chips
- Chef's selection of pasta salad
- Tiramisu cup
- Soft drink or bottled water

The West Spa \$11.95

- Spring greens, spinach, bean sprouts, tofu, and Asian dressing in a pita pocket
- Sweet potato chips
- Fresh fruit
- Mixed bean salad vinaigrette
- Sugar free dessert
- Bottled Water

The Croissant Box \$10.95

- Apple walnut chicken salad served in a flaky French style croissant
- Chips
- Marinated veggie salad
- Fresh Florida orange
- Double chocolate mousse cup
- Soft drink or bottled water

The Longhorn Box \$11.95

- Shaved roast beef piled high in a foccaccia bun served with horseradish and cheddar cheese
- Chips
- Fresh fruit salad
- Pear
- Banana pudding cup
- Soft drink or bottled water

The Ultimate Box \$13.95

- Pepper crusted beef tenderloin on French baguette, caramelized onions, provolone cheese tomato, stone ground mustard and mayonnaise
- New potato salad
- Grilled vegetables
- Sweet potato chips
- Double chocolate brownie
- Soft drink or bottled water

Country Lunch \$10.95

- Southern fried chicken
- Cole slaw
- Potato salad
- Watermelon
- Rolls and butter
- Jumbo cookie
- Soft drink or bottled water