

Welcome to the 5,000 square foot West Spa at Wilson Lodge. This new addition provides relaxing and therapeutic services, utilizing the finest products and equipment. You can expect the same great hospitality and service, for which Oglebay has always been noted, at the West Spa.

Spa Policies:

- Reservations for treatments must be made in advance. Call 800-624-6988 or 304-243-4130.
- Arrive 20 minutes early to allow ample time to complete the necessary paperwork and to give yourself time to relax prior to your treatment.
- Notify us of medical/physical conditions, i.e. high blood pressure, pregnancy, allergies or skin conditions.
- A one day cancellation notice is required to avoid being charged 50% for services not taken.
- All rates subject to applicable additional fees and taxes.
- Massages are not permitted to anyone under the age of 18.

Spa Tips:

- Gratuities are not included in the price of services.
- Our primary concern is your comfort. If you are more comfortable wearing undergarments during your treatment, we encourage you to do so.
- Our ladies' and gentlemen's locker rooms are for adult use only. Please change out of your clothes and into your robe in one of our private dressing areas or in front of the lockers.
- Our ladies' and gentlemen's lounge area is co-ed so robes must be worn at all times.
- For our massage treatments you will be fully draped. Only the part of the body currently being massaged will be exposed. Draping is not optional at the West Spa at Oglebay and will be strictly adhered to by your therapist. Please wait until after you and your therapist have had your introductory talk and they have left the treatment room to disrobe. Then you may lie on the massage table underneath the covering as instructed by your therapist.



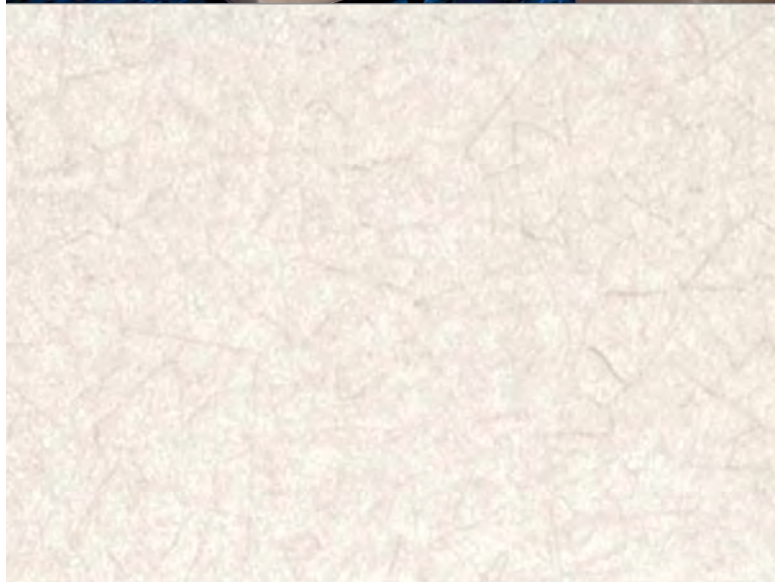
Resort & Conference Center

304-243-4130 or 800-624-6988 www.oglebay-resort.com

the
West Spa
at Oglebay



Menu of Services



Massage Therapy



Oglebay's Signature "Zents" Massage

An extraordinary full-body Swedish massage enhanced by the relaxing aromas of Zents therapy. Choose an oil from our signature Zents collection which will be used to customize this light to medium touch massage. Perfect choice for first-timers.

50 min \$95 80 min \$135

Deep Tissue Massage

This intense massage is recommended for physically active individuals with chronic pain, muscle fatigue, and limited range of motion. This is ideal after a long day of biking, swimming, or running.

50 min \$115 80 min \$155

Kinks From The Links

A wonderful way to end your golf game with a combination of both Swedish and deep tissue. This firm massage increases blood flow and range of motion as your therapist targets sore muscles with the use of deep penetrating lotion.

50 min \$105 80 min \$145

The Experience

Come and enjoy a variety of healing therapies to create an unforgettable experience. This package offers an incredible Zents massage including a combination of Swedish and Deep Tissue, a sampling of warm basalt stones and techniques such as stretching and range of motion. Relax your mind and body, melt away your stress, and leave feeling healthy and rejuvenated.

50 min \$125 80 min \$165



Warm Stone Massage

This ancient art of healing uses warm basalt stones to bring relief to tense muscles and sore joints. By slowly massaging with heat and smooth stones, your therapist is able to balance your energy with this melting effect.

80 min \$155

"Zents" Duo Massage

Enjoy a relaxing Swedish massage with a partner or friend performed in a private room designed for two. You will both be able to choose a signature Zents aromatherapy oil which will be added to your duo massage. You may also upgrade to Deep Tissue or Kinks From The Links.

50 min \$190 80 min \$270

MaMa Mia

This prenatal massage is a therapeutic technique specifically designed for the childbearing year. It is safe and effective for relieving the discomforts of pregnancy and promoting maternal and fetal well-being. It is recommended for women in the second or third trimester.

50 min \$95

Express Massage

Need a little relief and relaxation? This express massage is perfect for first-timers. Your therapist will focus on one half of the body, with your choice of either upper body, lower body, front half or back half.

25 min \$65



Massage Therapy Upgrades

Add 15 min shower to any massage \$20
Add 2 or more Zents oils \$10

Healing Therapy



"Zents" Reflexology

This Chinese technique revitalizes the mind and body. The soles of the feet and palms of the hands divide into sections that mirror the different body organs. By applying pressure and massaging these areas, you can stimulate, strengthen, and enhance the healing process.

50 min \$85

Cranial Sacral Therapy

A gentle healing technique which utilizes light touch to test the rhythm of the cerebrospinal fluid with the craniosacral system. This encourages the release of negative stress, anxiety, or trauma.

50 min \$105

Reiki Therapy

An ancient Japanese technique that uses non-invasive gentle touch. Hands are placed lightly on or over the body in a special pattern, allowing energy to flow freely thereby enhancing the body's natural healing process. Reiki promotes balance, mental clarity, and focus.

50 min \$105

Body Treatments



Oglebay's Signature "Zents" Body Glow

Discover radiant, healthy, glowing skin during this divine, full-body exfoliation. A gentle shea butter salt polish is applied followed by an invigorating shower. A relaxing Signature Zents Massage using your choice of nourishing aromatherapy oils tops off this body treatment healing you from head to toe.

50 min \$125

HydraMoist Body Mask

After a thorough exfoliation with our signature dry oil and body scrub, you will be treated to a gentle eye contour massage while wrapped in a heated blanket. Next enjoy an energizing shower and finish with a full body massage to soften and hydrate the skin. Each indulgent phase of this treatment ensures optimum moisture and ultimate relaxation.

80 min \$165

OceaFirm Body Treatment

This anti-aging treatment for the body will also deliver a sense of well-being to the spirit. After an exfoliation and vichy shower, your body is thoroughly enveloped in warm velvety gel and wrapped comfortably. The process continues with a relaxation phase and massage using our renewing firming cream which restores the skin's elasticity. This body wrap is recommended for new moms, those wishing to firm up after weight loss, or those concerned with signs of sun damage.

80 min \$155

Sea Slimming Body Wrap

Ideal for the person in need of contouring, detoxification or an energy boost. The algae based masque employs the use of seaweed, vegetal coral, and an invigorating plant complex. This body wrap will promote the body's own metabolic processes while you relax in the cocoon of our warming blanket. The treatment is topped off with a refreshing shower paired with an application of contouring body cream.

Not recommended for those allergic to seaweed or iodine or those having problems with high blood pressure or varicose veins.

90 min \$175

Signature Packages



Oglebay's Ultimate "Zents" Ritual

Indulge yourself with a variety of our rituals. Begin with an all-over-body exfoliating salt scrub. Next enjoy a warm invigorating shower in which eight showerheads will massage and relax your body to prepare you for a soothing Warm Stone Massage using oils from our Zents collection. Finish with a revitalizing Classic Hand and Foot Ritual using ultra-rich moisturizers and a Petit Perfection Express Facial. Remember your luxurious day with a spa gift to take home.

4 hours \$375

Special Occasion Relaxation

Celebrate your special occasion by pampering yourself and a group of friends. Select any of our services to package together to create a memorable day that is most deserving. Your event will be customized with rose petals, refreshments and a gift from the spa. Simply call to make arrangements and we will save the date.

Customized Pricing

Nail Rituals



HAND RITUALS

Oglebay's Signature Hand Ritual

Indulge your tired hands with our luxurious vegan SpaRitual nail line. Begin with a classic manicure followed by a French lavender sugar scrub, Indonesian ginger masque and Tea Tree paraffin. Enjoy an aromatherapy neck wrap during your moisturizing hand massage. A polish of your choice is our gift to you.

60 min \$65



Healing Hand Ritual

Relax with a gentle cleansing and exfoliation followed by a warm basalt stone hand massage. Herbs of Chinese jasmine, Italian mandarin and French lavender are incorporated into this aromatherapeutic ritual along with our classic manicure and signature polish that is yours to keep.

50 min \$55

Classic Hand Ritual

Transform your hands with our classic manicure in which your nails will be shaped, cuticles repaired, and color of your choice applied. A hand massage and a signature SpaRitual polish will compliment this service.

30 min \$35

Gentleman's Ritual

Give your hands a break with this manicure designed for the unique needs of a man's hands. Your cuticles will be repaired and nails shaped and buffed to their natural shine.

30 min \$35



Additional Nail Services

Full Set of Acrylic or Gel Nails	\$65	Acrylic or Gel Nail Repair	\$5
Acrylic or Gel Overlay	\$55	Full Set of Acrylic Toenails	\$50
Removal of Acrylic or Gel Nails	\$45	French Polish Upgrade	\$10
Acrylic Fill	\$30	Polish Change	\$15

FOOT RITUALS

Oglebay's Signature Foot Ritual

This nurturing pedicure takes place in a "So Sound" vibrating pedicure throne. Listen to music and relax while you soak your feet in a revitalizing mineral bath. Our signature vegan scrub, affirming masque and soothing paraffin is then applied followed by warm aromatherapy booties. A classic pedicure with rich polish is also included.

60 min \$75



Paraffin Foot Ritual

Add the benefit of a soothing Tea Tree Paraffin dip to our Classic Foot Ritual to soften and revitalize along with an aromatherapy neck wrap and booties. Of course, we invite you to keep your chosen signature polish after this pedicure.

55 min \$65

Classic Foot Ritual

Invigorate your tired feet with an organic mineral bath followed by an exfoliation and soothing foot and leg massage. Your nails will be shaped, cuticles repaired, and color applied. Enjoy your complimentary signature SpaRitual polish.

50 min \$55

From Princess to Queen Ritual

Specially designed for little girls (ages 6-13) who would like to be pampered for the day! Sit in the pedicure throne and enjoy a warm foot soak followed by gentle nail grooming and a light touch leg massage. You will then be treated to a princess manicure and may pick out a color of royalty which will be wrapped as a gift for you to take home.

50 min \$55

Facial Treatments



Optimum Renewal Facial

Slow the signs of aging with this miraculous anti-aging facial. Sea Optimum products containing the extracts of the Sea Thrift plant are lavished on your face throughout this treatment to increase cellular turnover and stimulate the production of elastin and collagen. A cooling modeling masque seals in the deep-penetrating treatment serum to provide an immediate firming sensation for skin that seems to defy time itself.

80 min \$145

Balanced Beauty Purifying Facial

Inspired by the beauty rituals of the Egyptian queens, the exclusive final masque is made of Tethys mud extracted from an ancient site in Spain. Indulge your skin in the reparative properties of this highly concentrated dose of minerals and trace elements to soften congestion within the epidermis and detoxify the skin. This clarifying treatment for oily skin uses our Oceapur products and leaves your face feeling fresh, clean and glowing.

50 min \$105

Ocean of Calm Soothing Facial

Peaceful balance and beautiful skin await when you sooth your face with this treatment using our CalmOcea products, which are specifically formulated for allergic, reactive, and sensitive skin. This facial, which includes a calming massage utilizing a soothing foam, will help to diminish redness and reinforce the natural function of the epidermis. It is ideal for those with rosacea or sun-burned faces.

50 min \$105

Sea Splash Hydrating Facial

In this treatment the skin is immersed in the mineral-rich benefits of soothing, marine-sourced ingredients which are contained in our Hydracea products. Each of the therapeutic elements, of this moisturizing facial, work in harmony to rejuvenate, rehydrate, and remineralize even the most dry and devitalized skin; imparting the gift of a luminous complexion.

50 min \$105

Gentlemen's Fit Facial

Purified skin is efficiently achieved as the deep cleansing and detoxifying marine agents used throughout this specialty men's treatment release their active ingredients to correct a range of skin challenges. The customized serum and treatment mask from our signature Phytoceane line will calm and refresh your skin and leave your face clean, fresh, and invigorated.

50 min \$105

Petit Perfection Express Facial

This mini facial is customized to address the most urgent of your skin's demands. A thorough cleansing, exfoliation, and treatment masque selected for your skin type will start your complexion on the path to natural beauty. This is ideal for those needing a condensed session and is also considered an excellent facial for teens.

30 min \$75



Treatment Upgrades

Eye Mask with any facial	\$15
Lip Rejuvenation with any facial	\$15

Waxing



Brows, Lips, Chin		Half Arm or underarm	\$25
or Sideburns	\$20	Full Leg	\$60
Back	\$45	Half Leg	\$35
Full Arm	\$40		